



Best Practice in Transgender Health: A Workshop for GPs, Health Care Providers, Trans Individuals and Parents

10th & 11th February 2018

Held at the
Mercure 85–87 NORTH QUAY Brisbane QLD 4003



About Iris Education

Iris Education provides a broad range of professional development: courses and workshops, clinical skill review, small group learning and education and program development consultancy. We focus on reproductive and sexual health (RSH) as well as women's health in general practice and other primary care settings. Training options are flexible and can be tailored in content and format to meet the needs of general practitioners, O&G and GP registrars, practice nurses, midwives, hospital doctors, aboriginal health workers, allied health professionals and students. Some educational material and courses will be suited to a broader audience. Training can be provided to individuals, groups, practices or other organisations.

Dr Harvey, Dr Mack and Dr Strom are all well-known expert RSH clinicians, and experienced clinical educators. All are active in clinical practice and have worked extensively providing education and professional development for GPs, GP registrars, international medical graduates and nurses for well more than a decade. Steve Lambert and Brad Reuter bring with them a wealth of experience in project management, facilitation, course development and delivery as well as event management. We also have a broad range of consultant presenters and developers who assist with specific topics within our programs. Flexibility and responsiveness to your specific needs is our goal.

Flexible Delivery Options

- Courses, workshops and seminars (or sessions within your training events)
- Conference presentations and workshops (within or as pre or post conference program)
- Small group learning (including set up and facilitation of regular SGLs)
- One on one clinical skills training or peer review including, where relevant, simulated patient experience





Practice Based Teaching




























We can also come to your practice or organisation to provide:

- Short seminars or case review discussion (breakfast, lunchtime or afterhours session format)
- Supervised clinical skills training or peer review (for example IUD insertion and removal, contraceptive implant insertion and removal, speculum insertion and cervical screening, sexual history taking, STI contact tracing)

Program Day One: Saturday 10th February 2018

Best Practice in Transgender Health is a Workshop for GPs, Health Care Providers, Trans Individuals and Parents. While the entire two-day workshop is beneficial to all and it is hoped everyone will be able to attend for the full two days, the colour coding below provides guidance for those with limited time:

	Essential topics for GP Prescribers
	Relevant topics for parents, supporters and Trans individuals
	Relevant topics for those with a focus on mental health
	Relevant topics for health care workers providing care to Trans individuals

Time					Topic	Presenter
8.30am	Minutes				Arrival, Registration	
8.45	15 Min				Welcome & Introduction of all Participants	Dr Stephen Lambert
9.00	30 Min				1. Beyond the Binary	Mr Jade Mirabito
9.30	30 Min				2. Diagnosing Gender Dysphoria	Dr Jodie Housman
10.00	30 Min				3. Models of Care	Dr Gale Bearman
10.30	15 Min				Morning Tea	
10.45	30 Min				4. Hormones – An Introduction	Dr Stuart Aitken
11.15	30 Min				5. Testosterone, Contraception	Dr Fiona Bisshop
11.45	60 Min				6. Anti-androgens, Oestrogen, Progesterone	Dr Stuart Aitken Dr Naomi Achong
12.45	60Min				Lunch	
1.45	30 Min				7. Top Surgery	Dr Alys Saylor
2.15	30 Min				8. Gender Affirmation Surgery – Vaginoplasty, Orchidectomy	Dr Andrew Ives
2.45	30 Min				9. Phalloplasty	Dr Hans Goossen
3.15	15 Min				Afternoon Tea	
3.30	90 Min				10. Prescribers Case Studies and Panel	Dr Gale Bearman Dr Fiona Bisshop Dr Naomi Achong Dr Stuart Aitken
5.00pm					Wrap up & Close	

Program Day Two: Sunday 11th February 2018

Time				Topic	Presenter
8.45am		Minutes		Arrival, Registration	
9.00	10 Min			Welcome & Introduction of all Participants	Dr Stephen Lambert
9.10	45 in			11. Childhood Gender Variance	Ms Olivia Donaghy
9.55	45 in			12. Pathways of Care for Children	Dr Brian Ross
10.40		20 Min		Morning Tea	
11.00	60 in			13. Exploring Legal Topics that Affect Trans Individuals	Mr Stephen Page
12.00	45 in			14. Parent's Forum: Q & A Exploring Aspects of the Health System	Dr Diane Spearritt Dr Brian Ross Ms Olivia Donaghy Mr Stephen Page
12.45		60 Min		Lunch	
1.45	45 in			15. Trans Forum: Panel of transgender Individuals Exploring Access to the Health System	Mr Dylan Barrett Mr Dallas Pitt Ms Johanna Little Mx Sullivan Patten Mr Jade Mirabito
2.30	30 Min			16. Fertility preservation and Reproductive Options	Dr Simone Campbell
3.00	30 in			17. Gynaecological and obstetric care of the trans man	Dr Di Poad
3.30		15 Min		Afternoon Tea	
3.45	30 in			18. Voice Training	Ms Kerrie-Ann Thornber
4.15	15 Min			Summary, Evaluation and Close	Dr Stephen Lambert
4.30		Finish			

Presenters List

Name	Organsation	Email
Mr Jade Mirabito	Service Educator	jade.o.mirabito@gmail.com
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Dr Gale Bearman	Queensland Aids Council and Gladstone Road Medical Centre	galembear@gmail.com
Dr Stuart Aitken	Evandale Practice	DrSAitken@gmail.com
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Dr Naomi Achong	Browns Plains Family Practice	naomiachong.endo@gmail.com
Dr Alys Saylor	Pacific Plastic Surgery Clinic	info@alysaylor.com.au
Dr Andrew Ives	Esq Clinic	nfo@andrewives.com.au
Dr Hans Goossen	AndrologyMatters	hg@andrologymatters.com.au
Ms Olivia Donaghy	Lady Cilento Children's Hospital Gender Clinic	Olivia.Donaghy@health.qld.gov.au
Dr Brian Ross	Lady Cilento Children's Hospital Gender Clinic	Brian.ross@health.qld.gov.au
Mr Stephen Page	Harrington Family Lawyers	SPage@harringtonfamilylawyers.com
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Dr Di Poad	Private Practice	di.poad@gmail.com
Ms Kerrie-Ann Thornber	Brisbane Speech & Hearing Clinic	smithornber@optusnet.com.au

Participant List

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Presenter Bio's

Jade Mirabito uses he/him and his pronouns. Jade works across a number of mental health and suicide prevention services, facilitating groups on the Gold Coast such as Qspace and Qplus (psychoeducational LGBTIQAP+ youth groups for 12-25-year old's), Transcendence (Support group for 18+ trans people), Tea time (A drop-in discussion space for LGBTIQAP+ young people) and working with headspace Southport, Relationships Australia, Queenslanders with a Disability Network, and providing LGBTIQAP+ service education to enhance awareness and inclusivity through workshops and consultations.

Jade is a passionate educator, with a background in drama and high school education. Jade identifies as an agender, trans, queer, femme, fabulous (yes, the L is intentional), creature. He is engaged in community development, performance, embroidery and collects teapots

Dr Jodie Housman is a clinical psychologist who graduated from the University of Southern Queensland, Toowoomba, in 1999 with a Bachelor of Science in Psychology. She then completed a Bachelor of Science in Psychology (Hons) in 2001 at the University of Southern Queensland and a Doctor of Psychology (Clinical) at Griffith University in Brisbane.

After completing her honours degree, Dr Housman went on to work with the Department of Communities as a disabilities psychologist and at the Department of Health, in Consultation Liaison Psychiatric Services, where she worked on maximising outcomes for individuals in need of support and psychological care.

Since 2008, Dr Housman has worked as a private practitioner at Silverton Place in Wickham Terrace in Brisbane, specialising in fertility counselling, couple therapy, assisting people with sexual and gender difficulties and providing individualised mental healthcare services.

Dr Gale Bearman, M.B., B.S., graduated from the University of Queensland in 1978, and worked initially in indigenous health. In 1991 she joined Gladstone Road Medical Centre, a general practice that welcomes minorities and people living with HIV while maintaining a broad patient base.

She has also been the coordinator and principal practitioner at the Brisbane Gender Clinic from 1995 until the present. Dr Bearman was also a visiting medical officer at the Brisbane Sexual Health Clinic from 1996-2013 where she focused on gender work and women's health. She still maintains her general practice at Gladstone Road Medical Centre and doing a little bit of everything.

Dr Stuart Aitken MBBS, Dip Ven, FACHSHM is a specialist sexual health physician in private practice. His areas of interest include HIV medicine, sexually transmissible infections, skin conditions affecting the genitals, and gender medicine. His philosophy for clinical care is one of evidence based medicine delivered with compassion and respect.

Dr Aitken completed his specialist training in 2006, and was admitted as a Fellow of the Australasian Chapter of Sexual Health Medicine, Royal Australasian College of Physicians. And currently holds the title of senior lecturer in medicine at Griffith University. He has published several chapters in textbooks and journal articles, as well as contributing to various national guidelines. He is currently majoring in infectious diseases epidemiology as he completes his Master of Public Health and Tropical Medicine degree.

Dr Fiona Bisshop is a General Practitioner in Brisbane, and is a member of ANZPATH. She has been working in transgender medicine over the past decade, and to date has assisted over 400 gender patients with their hormonal transition.

Dr Naomi Achong is an endocrinologist working at Carina and Browns Plains. She completed her MBBS at the University of Queensland and her specialist training at the Princess Alexandra and Royal Brisbane Hospitals. She has recently submitted a PhD concerning type 1 diabetes. One of her particular areas of interest is transgender medicine and health care.

Dr Alys Saylor graduated from Queensland University in 1999 and started private practice in 2010. She has worked in various hospitals around Australia, including the Austin and Northern in Melbourne, Townsville hospital, Royal Brisbane, and Greenslopes. She is a Consultant Plastic Surgeon at the Royal Brisbane Hospital.

She is a member of the Australian Society of Plastic Surgeons and the Australasian Society of Aesthetic Plastic Surgeons.

Dr Saylor is a specialist in Breast Surgery, especially in reconstruction after cancer surgery and breast reduction, breast enlargement and breast surgery associated with gender reassignment. She currently works at the Pacific Plastic Surgery Clinic and Royal Brisbane Hospital.

Dr Andrew Ives, is a highly skilled plastic and reconstructive surgeon with extensive experience. Mr Ives is passionate about the positive changes that plastic surgery can make in people's lives and feels privileged to have such a rewarding career.

Originally from the United Kingdom, Mr Ives graduated from Liverpool University in 1989 with a Bachelor of Medicine (MB) and a Bachelor of Surgery (ChB). Beginning his career at Liverpool's Whiston Hospital, Mr Ives was president of the hospital's Junior Medical Association from 1989-1990, before migrating to Australia in 1991.

Over the next ten years, Mr Ives continued his surgical training, completing four years of plastic surgical training and undertaking a year of research as a Research Fellow at the University of Melbourne's Jack Brockhoff Plastic Surgery Research Unit. In 2000, Mr Ives became a qualified plastic

and reconstructive surgeon, obtaining his Fellowship of the Royal Australasian College of Surgeons (FRACS).

Mr Ives practised in Queensland for ten years, working as the first resident plastic surgeon in Toowoomba from 2000 to 2005, and developing the first public plastic surgery service in the city, before moving to the Sunshine Coast and opening a successful cosmetic surgery practice there. In 2010, Mr Ives returned to Melbourne to establish his current practice and was publically appointed to the State Adult Burns Unit at The Alfred Hospital as well as taking up an appointment as a Visiting Medical Officer in the plastic surgical unit at The Northern Hospital. Mr Ives is a member of numerous professional associations relating to plastic, reconstructive and cosmetic surgery and regularly seeks out new developments through conferences and industry journals. Andrew also enjoys giving back to the plastic surgery community by assisting potential plastic surgeons with their training.

Dr Hans Goossen is Bio Dr Hans Goossen, Urologist / Andrologist Dr Goossen graduated in 1999 from the Catholic University of Nijmegen, the Netherlands, with a MBBS and a Physician's degree. In Australia, he completed his Surgery and specialist Urology training at the major teaching hospitals in Brisbane with a special interest in reconstructive surgery.

Dr Goossen further specialised in the field of male genital surgery and reconstruction at the Institute of Urology of the University College Hospital, London, during a two-year Andrology Fellowship. His main focus was on Peyronie's disease, Erectile Dysfunction and penile implant surgery, Genital Reconstruction and Gender Reassignment Surgery.

After returning to Australia, Dr Goossen has set up a specialist unit for Gender Reassignment Surgery in Brisbane, a work in progress.

Dr Goossen is a member of the International Society of Sexual Medicine (ISSM), the European Society of Sexual Medicine (ESSM), the Urological Society of Australia and New Zealand (USANZ), the Royal Australasian College of Surgeons (RACS), and the European Association of Urology (EAU).

Ms Olivia Donaghy Olivia is the Coordinator of the paediatric hub for Trans healthcare in Queensland, Lady Cilento Children's Hospital Gender Clinic & Statewide Service (Children's Health QLD). Olivia is a senior psychologist who has worked within Child & Youth Mental Health and private practise for over 10 years. Olivia is experienced in providing psychological support to adults, children and young people who identify as gender diverse and tailors her practice to the individual with an affirmative, developmental approach. Olivia seeks to build resilience at the individual and family level whilst supporting the person on their gender journey to achieve the outcomes they choose.

Dr Brian Ross No bio given

Mr Stephen Page is a partner of Harrington Family Lawyers, Brisbane. Admitted in 1987, he has been an accredited family law specialist since 1996. Stephen is a Fellow of the International Academy of Family Lawyers (and a member of its surrogacy/parentage and LGBT committees), and of the American Academy of Adoption and Assisted Reproduction Attorney. He is an international representative on the ART Committee of the American Bar Association. Stephen is a member of ANZPATH, the Fertility Society of Australia, the LGBT Committee of Australian Lawyers for Human Rights and of the Equity and Diversity Committee of the Queensland Law Society, amongst others. He has spoken and written around the world about family law and surrogacy. Stephen is the author of the Australian Gay and Lesbian Law Blog.

Dr Diane Spearritt is a parent of one cigenger and one transgender boy. Our family has been on sometimes difficult journey over the last four years. We have started a chapter of PFLAG and a LGBTQIA meetup in Toowoomba. I am also a Doctor and transgender health care in regional towns is one of my biggest concerns.

Mr Dylan Barrett began transition in 2005 whilst living in out Queensland. He currently works for the Queensland Aids Council as their transgender health promotion & community development officer, he also the coordinator of Many Genders our voice, a trans & gender diverse health action group. Outside of these roles, Dylan is active & passionate with in the trans & gender diverse community.

Mr Dallas Pitt (he/him/his pronouns) is a psychologist who has worked primarily in child & adolescent mental health in the private, government and community sectors. He has specialised in supporting young people and adults with gender dysphoria for the past 4 years and facilitates two groups for gender diverse children and adults. He currently works at Relationships Australia Qld and the LCCH gender clinic and state-wide service. Dallas also happens to identify as a trans guy.

Ms Johanna Little, is a twenty-one-year-old trans woman born and bred in Brisbane. She recently graduated my journalism degree at QUT, am in a loving relationship with my partner and spend far too much money on books. I view myself as at the end of my medical surgical transition and I am thrilled to offer my experience as a learning opportunity for trans people and medical professionals, as well as parents and friends.

Mx Sullivan Patten Sullivan – formally known as Rodeo – is a DJ, event coordinator, booking agent, producer, vocalist and drummer. Sullivan’s music career began in 2005 as a founding member and drummer/vocalist of indie sweethearts I Heart Hiroshima. Frequent worldwide touring and multiple releases through IHH transformed Sullivan into a seasoned performer; acting as a touring drummer for Sia, Peaches, Creep and Philadelphia Grand Jury. Support highlights include Maximo Park, Ratatat, Conor Oberst, and Gang of Four. I Heart Hiroshima are set to release their 5th E.P shortly after returning to the stage in mid-2016 performing at the National Gallery of Victoria in Melbourne, Gallery of Modern Art in Brisbane and other festivals and venues across Australia. From 2011 to 2016 Sullivan conducted events through vehicles such as Burgers & Hip Hop, Boo Hoo and Sloth Collective in Berlin; booking shows for the likes of Chairlift, Electrelane, Karin & Olof Dreijer (The Knife), Romy XX, JD Samson, Lakuti, SSION and more. Since their return to Brisbane, Sullivan has jumped into the deep end of event coordination, aiming to present a informed, inclusive aesthetic to their bookings at The End and bi-monthly party

2SXC4U. Their intersectional methodology is a fresh take upon bookings, challenging the cis-male dominated structures of the Australian music industry It’s when Sullivan hits the decks their flavour is truly brought to life. There’s a tingling in your shoulders; it flows down your spine and makes your hip sway side to side. Sullivan has magnetically drawn booty’s to the floor alongside Le1f, Vjuan Allure and Jay Boogie, at prestigious nights such as Gegen and Berghain in Berlin, Laneway Festival in

Brisbane, Dark Mofo in Hobart and Mardi Gras and Vivid Festival in Sydney. Fortunately for you, Sullivan’s danceable take on Jersey Club, Bass, RnB, Hip Hop and House can be found at all your favourite Brisbane clubs and bars.

Sullivan’s got taste that’s nothing less than delicious.

Dr Simone Campbell has been a specialist consultant since 2003, and full-time fertility specialist since 2006. Simone also completed a Master of Reproductive Medicine in 2010. She has worked as an obstetric & gynaecological staff specialist in a range of public hospitals in rural and remote areas of Australia, as well as a number of private hospitals.

Simone’s focus is on providing a long-term practice that provides high quality, tailored, fertility solutions for her patients. In addition, she is one of only a handful of post-graduate qualified fertility specialists in Brisbane, meaning that patients reap the benefits of her extensive knowledge of fertility medicine.

Simone prides herself on effective and clear communications with patients, as patient understanding is a vital component in achieving a high quality, tailored fertility plan for individuals and their partners. To ensure this happens, Simone takes the time to explain the process in everyday language, making sure that you not only understand, but are fully aware of the fertility process.

Dr Di Poad trained in medicine at the University of Otago and has worked in a range of hospitals in New Zealand, the United Kingdom and South Australia to develop a wide range of skills and knowledge. She has been providing women with maternity and gynaecological care for two decades. Dr Poad prides herself in being easy to talk to and taking the time to ensure her patients understand the options that are available to them.

Dr Poad has always been involved in teaching, supervising and examining doctors and trainees in her speciality, both at the Mater Mothers' Hospital and in New Zealand prior to this. Dr Poad provides care to privately insured patients and enjoys the continuity of care that this provides. Dr Poad enjoys developing a connection with her patients and providing comprehensive and personalised care.

Ms Kerrie-Ann Thornber Graduated from the University of Queensland and worked in all areas of Speech Pathology including Transgender voice training. Kerrie-Ann was awarded a Churchill Fellowship in 1989 for voice rehabilitation following the removal of the Larynx.

Contracted to Brisbane Speech and Hearing Clinic for many years I have been heavily involved in Acute Care Hospitals treating patients with a variety of Speech and Language disorders. Our patients caseloads consist of voice disorders including Transgender voice training. I have been involved in this area for over 40 years.