

**Best Practice in Transgender Health:  
A Workshop for GPs, Health Care  
Providers, Trans Individuals and Parents**

**Brisbane**

**Saturday 10<sup>th</sup> February and Sunday 11<sup>th</sup> February 2018**

**EVALUATION REPORT**



## Executive Summary

The 'Best Practice in Transgender Health: A Workshop for GPs, Health Care Providers, Trans Individuals and Parents' was an expanded two day workshop that originated from the staging of the inaugural one-day event in March 2017. These workshops have been designed by Iris Education to fulfil an unmet need in education in the reproductive and sexual health sector. Iris Education provides a broad range of professional development and more information may be found at [www.iriseducation.com.au](http://www.iriseducation.com.au). This workshop remains the only of its kind in Australia.

This workshop was developed for health professionals who work with transgender people, or wish to know more about providing health services to this community. The focus of the workshop was designed to be at the level of GP management. This workshop introduced participants to the professional skills needed for working safely, effectively and respectfully with trans communities.

The program outline is shown on the next page. The workshop adopted a biopsychosocial approach, and included four broad key areas: models of care; hormonal management; surgery approaches; and support and engagement. Presenters were among the leading health care providers, educators and community members with training and experience in providing different aspects of health care to trans people.

Iris Education provided the platform for the design, staging and evaluation of this new workshop through its focus on meeting unmet need. A team of four medical practitioners led the design and development of the workshop. These were Dr Stuart Aitken; Dr Gale Bearman; Dr Fiona Bisshop; and Dr Kay Strom.

Advertising for the workshop was comprehensive and was built upon the dataset from the original workshop. As well as advertising through the comprehensive networks of Iris Education, the following organisations distributed information about this organisation extensively:

- The Australian and New Zealand Professional Association for Transgender Health (ANZPATH)
- The Sexual Health Society of Queensland (SHSQ)
- The Australasian Sexual Health Alliance (ASHA)
- The Australasian Sexual Health and HIV Nurses Association (ASHHNA)
- The Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine
- GP Registrar training organisations
- Primary Health Networks

Participants primarily found out about this workshop through email lists attached to these organisations. Additionally at least nine participants indicated they have been informed of the workshop through colleagues who participated in the first workshop.

112 participants registered for the workshop. This included 52 who registered to attend face to face. Of these, 42 registered to attend both days, 4 registered to attend Saturday only and 6 registered to attend Sunday only. An additional 60

registered to attend via live streaming. Of these, 46 registered to attend both days, 11 registered to attend Saturday only and 2 registered to attend Sunday only.

The workshop again welcomed registrations from across Australia and New Zealand. Six participants originated from New Zealand, 2 from the ACT, 2 from NT, 7 from, Vic, 5 from WA, 8 from NSW, 4 from SA, 4 from Tasmania and 19 from NSW. 59 participants originated from Queensland and participants originated from almost everywhere in the state including Bamaga, Cairns, Mt Isa, Warwick, Toowoomba, Rockhampton and Mackay as well as all across the South East. More than 42% of workshop's participants were medical practitioners (n=47) including GPs and GP Registrars (28); Infectious Disease Physicians (2); Sexual Health Physicians (7); and Psychiatrists (2). There was also strong representation by nurses (31); psychologists (6); counsellors (4) and educators (9).

As this was a fee paying event, the majority of those registered attended some component of the weekend workshop. 6 participants who registered did not attend however an additional three turned up on the day (2 in replacement of some-one who was unable to attend. 49 attended on the day. On the day, or during the two weeks following the event, 56 of those who registered for live streaming viewed some component online.

Of the 105 participants who attended or viewed some component of the workshop, 51 (49%) completed an evaluation document. The proportion of those who attended in person and completed the evaluation was very high (n = 39, 80%) however the proportion of evaluations received from those live streaming was very low (n = 12, 21%). This low response rate by those live streaming is expected, especially as a number only viewed the sessions in the weeks following the workshop.

This was a very well evaluated workshop. Participants were asked to rate the content and the delivery of each session on a 5 point Likert Scale. Even though this was the first time a workshop covering some these topics had been organised in Australia, the feedback and ratings from participants was overwhelming supportive and positive. The lessons learned from the previous workshop and evaluation reaped reward for this workshop, especially the attempt to 'block' components and topics and the ability to live stream.

The workshop offered value for money and relevance to everyday practice. All Participants were asked to provide feedback about the cost of the workshop. The workshop cost \$550.00 for the full two days and comparative costs for one day or for live streaming. 93% of respondents (n = 38) indicated this workshop was entirely worth the cost. No individual indicated that it was not worth the cost. Participants were also asked if the workshop was relevant to their everyday practice. 80% (n=35) indicated it was entirely relevant. This was evident across all professions and disciplines represented in the participant cohort.





It is evident that this workshop has made a difference. Participants were asked to rate their level of confidence in management of transgender topics at the beginning of this workshop and at the end. Although the confidence levels of many participants were already high, all participants expressed an increase in confidence as a result of attending this workshop. The overall average for medical practitioners moved more




























than 1.4 points along a 5-point Likert Scale (from 2.62 to 4.06). All groups noted an increase in confidence. Additionally, participants were able to readily identify changes to their daily practice as a result of attending this workshop.

### Program

#### Day One: Saturday 10th February 2018

While the entire two-day workshop was beneficial to all and it was hoped everyone would be able to attend for the full two days, the colour coding below provided guidance for those with limited time. The vast majority of participants attended for the full two days however some did take advantage of the streamed concept and attend for one day only.

	Essential topics for GP Prescribers
	Relevant topics for parents, supporters and Trans individuals
	Relevant topics for those with a focus on mental health
	Relevant topics for health care workers providing care to Trans individuals

Time					Topic	Presenter
<b>8.30am</b>	<b>Minutes</b>				<b>Arrival, Registration</b>	
8.45	15 Min				Welcome & Introduction of all Participants	Dr Stephen Lambert
9.00	30 Min				1. Beyond the Binary	Mr Jade Mirabito
9.30	30 Min				2. Diagnosing Gender Dysphoria	Dr Jodie Housman
10.00	30 Min				3. Models of Care	Dr Gale Bearman
<b>10.30</b>	<b>15 Min</b>				<b>Morning Tea</b>	
10.45	30 Min				4. Hormones – An Introduction	Dr Stuart Aitken
11.15	30 Min				5. Testosterone, Contraception	Dr Fiona Bisshop
11.45	60 Min				6. Anti-androgens, Oestrogen, Progesterone	Dr Stuart Aitken Dr Naomi Achong
<b>12.45</b>	<b>60Min</b>				<b>Lunch</b>	
1.45	30 Min				7. Top Surgery	Dr Alys Saylor
2.15	30 Min				8. Gender Affirmation Surgery – Vaginoplasty, Orchidectomy	Dr Andrew Ives
2.45	30 Min				9. Phalloplasty	Dr Hans Goossen
<b>3.15</b>	<b>15 Min</b>				<b>Afternoon Tea</b>	
3.30	90 Min				10. Prescribers Case Studies and Panel	Dr Gale Bearman Dr Fiona Bisshop Dr Naomi Achong Dr Stuart Aitken

5.00pm

Wrap up & Close

**Day Two: Sunday 11<sup>th</sup> February 2018**

Time					Topic	Presenter
<b>8.45am</b>		<b>Minutes</b>			<b>Arrival, Registration</b>	
9.00	10 Min				Welcome & Introduction of all Participants	Dr Stephen Lambert
9.10	45 in				11. Childhood Gender Variance	Ms Olivia Donaghy
9.55	45 in				12. Pathways of Care for Children	Dr Brian Ross
<b>10.40</b>		<b>20 Min</b>			<b>Morning Tea</b>	
11.00	60 in				13. Exploring Legal Topics that Affect Trans Individuals	Mr Stephen Page
12.00	45 in				14. Parent's Forum: Q & A Exploring Aspects of the Health System	Dr Diane Spearritt Dr Brian Ross Ms Olivia Donaghy Mr Stephen Page
<b>12.45</b>		<b>60 Min</b>			<b>Lunch</b>	
1.45	45 in				15. Trans Forum: Panel of transgender Individuals Exploring Access to the Health System	Mr Dylan Barrett Mr Dallas Pitt Ms Johanna Little Mx Sullivan Patten Mr Jade Mirabito
2.30	30 Min				16. Fertility preservation and Reproductive Options	Dr Simone Campbell
3.00	30 in				17. Gynaecological and obstetric care of the trans man	Dr Di Poad
<b>3.30</b>		<b>15 Min</b>			<b>Afternoon Tea</b>	
3.45	30 in				18. Voice Training	Ms Kerrie-Ann Thornber
4.15	15 Min				Summary, Evaluation and Close	Dr Stephen Lambert
<b>4.30</b>		<b>Finish</b>				

### Presenter Biographies

Twenty presenters and panellists joined this weekend and were drawn from across Australia. The details of those involved appear below in order of involvement in the weekend and represents experts in their respective fields.

**Jade Mirabito** uses he/him and his pronouns. Jade works across a number of mental health and suicide prevention services, facilitating groups on the Gold Coast such as Qspace and Qplus (psychoeducational LGBTIQAP+ youth groups for 12-25-year old's), Transcendence (Support group for 18+ trans people), Tea time (A drop-in discussion space for LGBTIQAP+ young people) and working with headspace Southport, Relationships Australia, Queenslanders with a Disability Network, and providing LGBTIQAP+ service education to enhance awareness and inclusivity through workshops and consultations.

Jade is a passionate educator, with a background in drama and high school education. Jade identifies as an agender, trans, queer, femme, fabulous (yes, the L is intentional), creature. He is engaged in community development, performance, embroidery and collects teapots

**Dr Jodie Housman** is a clinical psychologist who graduated from the University of Southern Queensland, Toowoomba, in 1999 with a Bachelor of Science in Psychology. She then completed a Bachelor of Science in Psychology (Hons) in 2001 at the University of Southern Queensland and a Doctor of Psychology (Clinical) at Griffith University in Brisbane.

After completing her honours degree, Dr Housman went on to work with the Department of Communities as a disabilities psychologist and at the Department of Health, in Consultation Liaison Psychiatric Services, where she worked on maximising outcomes for individuals in need of support and psychological care.

Since 2008, Dr Housman has worked as a private practitioner at Silverton Place in Wickham Terrace in Brisbane, specialising in fertility counselling, couple therapy, assisting people with sexual and gender difficulties and providing individualised mental healthcare services.

**Dr Gale Bearman**, M.B., B.S., graduated from the University of Queensland in 1978, and worked initially in indigenous health. In 1991 she joined Gladstone Road Medical Centre, a general practice that welcomes minorities and people living with HIV while maintaining a broad patient base.

She has also been the coordinator and principal practitioner at the Brisbane Gender Clinic from 1995 until the present. Dr Bearman was also a visiting medical officer at the Brisbane Sexual Health Clinic from 1996-2013 where she focused on gender work and women's health. She still maintains her general practice at Gladstone Road Medical Centre and doing a little bit of everything.

**Dr Stuart Aitken** MBBS, Dip Ven, FACHSHM is a specialist sexual health physician in private practice. His areas of interest include HIV medicine, sexually transmissible infections, skin conditions affecting the genitals, and gender medicine. His philosophy for clinical care is one of evidence based medicine delivered with compassion and respect.

Dr Aitken completed his specialist training in 2006, and was admitted as a Fellow of the Australasian Chapter of Sexual Health Medicine, Royal Australasian College of Physicians. And currently holds the title of senior lecturer in medicine at Griffith University. He has published several chapters in textbooks and journal articles, as well as contributing to

various national guidelines. He is currently majoring in infectious diseases epidemiology as he completes his Master of Public Health and Tropical Medicine degree.

**Dr Fiona Bisshop** is a General Practitioner in Brisbane, and is a member of ANZPATH. She has been working in transgender medicine over the past decade, and to date has assisted over 400 gender patients with their hormonal transition.

**Dr Naomi Achong** is an endocrinologist working at Carina and Browns Plains. She completed her MBBS at the University of Queensland and her specialist training at the Princess Alexandra and Royal Brisbane Hospitals. She has recently submitted a PhD concerning type 1 diabetes. One of her particular areas of interest is transgender medicine and health care.

**Dr Alys Saylor** graduated from Queensland University in 1999 and started private practice in 2010. She has worked in various hospitals around Australia, including the Austin and Northern in Melbourne, Townsville hospital, Royal Brisbane, and Greenslopes. She is a Consultant Plastic Surgeon at the Royal Brisbane Hospital.

She is a member of the Australian Society of Plastic Surgeons and the Australasian Society of Aesthetic Plastic Surgeons.

Dr Saylor is a specialist in Breast Surgery, especially in reconstruction after cancer surgery and breast reduction, breast enlargement and breast surgery associated with gender reassignment. She currently works at the Pacific Plastic Surgery Clinic and Royal Brisbane Hospital.

**Dr Andrew Ives**, is a highly skilled plastic and reconstructive surgeon with extensive experience. Mr Ives is passionate about the positive changes that plastic surgery can make in people's lives and feels privileged to have such a rewarding career.

Originally from the United Kingdom, Mr Ives graduated from Liverpool University in 1989 with a Bachelor of Medicine (MB) and a Bachelor of Surgery (ChB). Beginning his career at Liverpool's Whiston Hospital, Mr Ives was president of the hospital's Junior Medical Association from 1989-1990, before migrating to Australia in 1991.

Over the next ten years, Mr Ives continued his surgical training, completing four years of plastic surgical training and undertaking a year of research as a Research Fellow at the University of Melbourne's Jack Brockhoff Plastic Surgery Research Unit. In 2000, Mr Ives became a qualified plastic and reconstructive surgeon, obtaining his Fellowship of the Royal Australasian College of Surgeons (FRACS).

Mr Ives practised in Queensland for ten years, working as the first resident plastic surgeon in Toowoomba from 2000 to 2005, and developing the first public plastic surgery service in the city, before moving to the Sunshine Coast and opening a successful cosmetic surgery practice there. In 2010, Mr Ives returned to Melbourne to establish his current practice and was publically appointed to the State Adult Burns Unit at The Alfred Hospital as well as taking up an appointment as a Visiting Medical Officer in the plastic surgical unit at The Northern Hospital. Mr Ives is a member of numerous professional associations relating to plastic, reconstructive and cosmetic surgery and regularly seeks out new developments through conferences and industry journals. Andrew also enjoys giving back to the plastic surgery community by assisting potential plastic surgeons with their training.



**Dr Hans Goossen** is Bio Dr Hans Goossen, Urologist / Andrologist Dr Goossen graduated in 1999 from the Catholic University of Nijmegen, the Netherlands, with a MBBS and a Physician's degree. In Australia, he completed his Surgery and specialist Urology training at the major teaching hospitals in Brisbane with a special interest in reconstructive surgery.

Dr Goossen further specialised in the field of male genital surgery and reconstruction at the Institute of Urology of the University College Hospital, London, during a two-year Andrology Fellowship. His main focus was on Peyronie's disease, Erectile Dysfunction and penile implant surgery, Genital Reconstruction and Gender Reassignment Surgery.

After returning to Australia, Dr Goossen has set up a specialist unit for Gender Reassignment Surgery in Brisbane, a work in progress.

Dr Goossen is a member of the International Society of Sexual Medicine (ISSM), the European Society of Sexual Medicine (ESSM), the Urological Society of Australia and New Zealand (USANZ), the Royal Australasian College of Surgeons (RACS), and the European Association of Urology (EAU).

**Ms Olivia Donaghy** Olivia is the Coordinator of the paediatric hub for Trans healthcare in Queensland, Lady Cilento Children's Hospital Gender Clinic & Statewide Service (Children's Health QLD). Olivia is a senior psychologist who has worked within Child & Youth Mental Health and private practise for over 10 years. Olivia is experienced in providing psychological support to adults, children and young people who identify as gender diverse and tailors her practice to the individual with an affirmative, developmental approach. Olivia seeks to build resilience at the individual and family level whilst supporting the person on their gender journey to achieve the outcomes they choose.

### **Dr Brian Ross**

**Mr Stephen Page** is a partner of Harrington Family Lawyers, Brisbane. Admitted in 1987, he has been an accredited family law specialist since 1996. Stephen is a Fellow of the International Academy of Family Lawyers (and a member of its surrogacy/parentage and LGBT committees), and of the American Academy of Adoption and Assisted Reproduction Attorney. He is an international representative on the ART Committee of the American Bar Association. Stephen is a member of ANZPATH, the Fertility Society of Australia, the LGBT Committee of Australian Lawyers for Human Rights and of the Equity and Diversity Committee of the Queensland Law Society, amongst others. He has spoken and written around the world about family law and surrogacy. Stephen is the author of the Australian Gay and Lesbian Law Blog.

**Dr Diane Spearritt** is a parent of one cisgender and one transgender boy. Our family has been on sometimes difficult journey over the last four years. We have started a chapter of PFLAG and a LGBTQIA meetup in Toowoomba. I am also a Doctor and transgender health care in regional towns is one of my biggest concerns.

**Mr Dylan Barrett** began transition in 2005 whilst living in out Queensland. He currently works for the Queensland Aids Council as their transgender health promotion & community development officer, he also the coordinator of Many Genders our voice, a trans & gender diverse health action group. Outside of these roles, Dylan is active & passionate with in the trans & gender diverse community.

**Mr Dallas Pitt** (he/him/his pronouns) is a psychologist who has worked primarily in child & adolescent mental health in the private, government and community sectors. He has

specialised in supporting young people and adults with gender dysphoria for the past 4 years and facilitates two groups for gender diverse children and adults. He currently works at Relationships Australia Qld and the LCCH gender clinic and state-wide service. Dallas also happens to identify as a trans guy.

**Ms Johanna Little**, is a twenty-one-year-old trans woman born and bred in Brisbane. She recently graduated my journalism degree at QUT, am in a loving relationship with my partner and spend far too much money on books. I view myself as at the end of my medical surgical transition and I am thrilled to offer my experience as a learning opportunity for trans people and medical professionals, as well as parents and friends.

**Mx Sullivan Patten Sullivan** – formally known as Rodeo – is a DJ, event coordinator, booking agent, producer, vocalist and drummer. Sullivan's music career began in 2005 as a founding member and drummer/vocalist of indie sweethearts I Heart Hiroshima. Frequent worldwide touring and multiple releases through IHH transformed Sullivan into a seasoned performer; acting as a touring drummer for Sia, Peaches, Creep and Philadelphia Grand Jury. Support highlights include Maximo Park, Ratatat, Conor Oberst, and Gang of Four. I Heart Hiroshima are set to release their 5th E.P shortly after returning to the stage in mid-2016 performing at the National Gallery of Victoria in Melbourne, Gallery of Modern Art in Brisbane and other festivals and venues across Australia. From 2011 to 2016 Sullivan conducted events through vehicles such as Burgers & Hip Hop, Boo Hoo and Sloth Collective in Berlin; booking shows for the likes of Chairlift, Electrelane, Karin & Olof Dreijer (The Knife), Romy XX, JD Samson, Lakuti, SSION and more. Since their return to Brisbane, Sullivan has jumped into the deep end of event coordination, aiming to present a informed, inclusive aesthetic to their bookings at The End and bi-monthly party 2SXC4U. Their intersectional methodology is a fresh take upon bookings, challenging the cis-male dominated structures of the Australian music industry It's when Sullivan hits the decks their flavour is truly brought to life. There's a tingling in your shoulders; it flows down your spine and makes your hip sway side to side. Sullivan has magnetically drawn booty's to the floor alongside Le1f, Vjuan Allure and Jay Boogie, at prestigious nights such as Gegen and Berghain in Berlin, Laneway Festival in

Brisbane, Dark Mofo in Hobart and Mardi Gras and Vivid Festival in Sydney. Fortunately for you, Sullivan's danceable take on Jersey Club, Bass, RnB, Hip Hop and House can be found at all your favourite Brisbane clubs and bars.

**Dr Simone Campbell** has been a specialist consultant since 2003, and full-time fertility specialist since 2006. Simone also completed a Master of Reproductive Medicine in 2010. She has worked as an obstetric & gynaecological staff specialist in a range of public hospitals in rural and remote areas of Australia, as well as a number of private hospitals.

Simone's focus is on providing a long-term practice that provides high quality, tailored, fertility solutions for her patients. In addition, she is one of only a handful of post-graduate qualified fertility specialists in Brisbane, meaning that patients reap the benefits of her extensive knowledge of fertility medicine.

Simone prides herself on effective and clear communications with patients, as patient understanding is a vital component in achieving a high quality, tailored fertility plan for individuals and their partners. To ensure this happens, Simone takes the time to explain the process in everyday language, making sure that you not only understand, but are fully aware of the fertility process.

**Dr Di Poad** trained in medicine at the University of Otago and has worked in a range of hospitals in New Zealand, the United Kingdom and South Australia to develop a wide range of skills and knowledge. She has been providing women with maternity and gynaecological care for two decades. Dr Poad prides herself in being easy to talk to and taking the time to ensure her patients understand the options that are available to them.

Dr Poad has always been involved in teaching, supervising and examining doctors and trainees in her speciality, both at the Mater Mothers' Hospital and in New Zealand prior to this. Dr Poad provides care to privately insured patients and enjoys the continuity of care that this provides. Dr Poad enjoys developing a connection with her patients and providing comprehensive and personalised care.

**Ms Kerrie-Ann Thornber** Graduated from the University of Queensland and worked in all areas of Speech Pathology including Transgender voice training. Kerrie-Ann was awarded a Churchill Fellowship in 1989 for voice rehabilitation following the removal of the Larynx.

Contracted to Brisbane Speech and Hearing Clinic for many years I have been heavily involved in Acute Care Hospitals treating patients with a variety of Speech and Language disorders. Out patients caseloads consist of voice disorders including Transgender voice training.

### Confidence Levels

Participants were asked to rate their level of confidence in 'Best Practice in Transgender Health' at the beginning of this workshop and at the end. All types of participants expressed an increase in confidence as a result of attending this workshop. The table below illustrates the average increase for each group of participants with the overall average moving more than 1.2 points along the Likert Scale.

	Confidence Level				
	Not Confident 1	2	average 3	4	Very confident 5
GPs (13)		2.00	3.46		
Sex Health & ID Physicians (7)			3.14	4.33	
Other Medical Pract (7)			2.71	4.40	
Nurses (7)			2.50	4.33	
Psychologists, Counsellors, Social Workers (8)			3.14	4.32	
Ungrouped (9)		1.98		4.13	
<b>Total</b>			<b>2.62</b>	<b>4.06</b>	

The workshop had set learning objectives. Participants rated their achievement of these objectives at the beginning and at the end of the workshop and these are listed by profession below.

Medical Practitioners	Before the day			At the end of the day		
	Not Met	Partially Met	Entirely Met	Not Met	Partially Met	Entirely Met
Outline the principles for diagnosis of Gender Dysphoria	11	10	5		4	19
Explain the approach to hormonal medication use in transgender people	15	8	3	1	3	19
Describe the surgical procedures available in the transgender setting	14	9	3		1	22
Summarise the management of childhood gender variance	17	7	2		6	16
How well were your own learning outcomes met?	-	-	-		3	19

All other participants	Before the day			At the end of the day		
	Not Met	Partially Met	Entirely Met	Not Met	Partially Met	Entirely Met
Outline the principles for diagnosis of Gender Dysphoria	19	3	1		8	13
Explain the approach to hormonal medication use in transgender people	20	2	1		9	10
Describe the surgical procedures available in the transgender setting	18	3	1		12	9
Summarise the management of childhood gender variance	17	2	1		11	7
How well were your own learning outcomes met?	-	-	-		2	17

### Value for money

Participants were asked to provide feedback about the cost of the workshop and whether it represented value for money. The workshop cost \$550.00 for the full two days and comparative costs for one day or for live streaming. 93% of respondents (n = 38) indicated this workshop was entirely worth the cost. No individual indicated that it was not worth the cost.

	No	Partially	Entirely
Did this workshop represent value for money?	0	5	38

## Relevance to Practice

Participants were also asked if the workshop was relevant to their everyday practice. 80% (n=35) indicated it was entirely relevant. This was evident across all professions and disciplines represented in the participant cohort.

	Not Relevant	Partially Relevant	Entirely Relevant
How relevant has this workshop been for your everyday practice?	0	9	34

## Individual Session Evaluations

Each session of the workshop was evaluated separately. For each session, the rating of content and the rating of the delivery of that content is provided in separate tables. These tables divide responses by groups of participants to determine if any subgroup was more (or less) focussed on any particular topic. The average response is provided in red at the bottom of each table. Comments by participants are printed verbatim in the evaluation documents. Where a subgroup provided no comments the heading of that subgroup has not been included.

### Session 1: Beyond the Binary

Combined	1	2	3	4	5
	<b>4.31</b>				
<b>General Practitioner</b>	1	2	3	4	5
Content 12/13	4.83				
Delivery 12/13	4.92				
<b>Sexual Health / ID Physician</b>	1	2	3	4	5
Content 6/7	3.67				
Delivery 6/7	3.50				
<b>Other Medical Practitioner</b>	1	2	3	4	5
Content 6/7	4.17				
Delivery 6/7	4.50				
<b>Nurse</b>	1	2	3	4	5
Content 7/7	4.29				
Delivery 7/7	4.57				
<b>Transgender Individual</b>	1	2	3	4	5
Content 3/3	4.33				
Delivery 3/3	4.33				
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8	3.57				
Delivery 7/8	4.29				
<b>Others</b>	1	2	3	4	5

Content 3/6	4.67
Delivery 3/6	4.67

### General Practitioner

- Inspiring
- Very useful
- Perfect as introductory topic. Explanation re: trans person's approach to finding health providers very useful.
- Jade is a ray of sunshine. His talk was perfect. I need more Jade in my life.
- Engaging, well informed.
- Great to hear personal journey.

### Sexual Health / ID Physician

- Annoying slide change delay.
- Amazing presentation including Jade's life experiences. Her sharing of narrative was illuminating, honest and powerful.
- Interruption in live streaming.
- This was a really good way to begin the day - & reminds us not to be afraid when identity and gender expression change over time.

### Other Medical Practitioner

- An essential presentation in a conference such as this.
- Good for 1<sup>st</sup> session

### Nurse

- A great way to start the day. Informative.
- Great presenter
- Great speaker
- Very helpful information regarding the journey experienced by transgender people.

### Trans Individuals

- Delay in slide presentation was disappointing.
- Great way to set the scene for the day & also the weekend. Well done Jade!
- Great engaging start to the day. Well researched, relevant, and well worded.

### Counsellor/Psychologist

- Very entertaining and thought provoking.
- Great confidence and energy as presenter. Thank you for sharing your journey – would have liked to hear about your experience with health practitioners – helpful/unhelpful.
- Very passionate
- Always so great to hear lived experience. The cupcake exercise was great. Will use in my own trainings.

### Other

- Very good having a person with a lived experience to share their journey. Maybe next year intro to include definition of binary & cisgender.

### Session 2: Diagnosing Gender Dysphoria

Combined	1	2	3	4	5
	<b>3.72</b>				
General Practitioner	1	2	3	4	5
Content 12/13	4.67				
Delivery 12/13	4.75				

<b>Sexual Health / ID Physician</b>	1	2	3	4	5
Content 7/7	3.71				
Delivery 7/7	3.29				
<b>Other Medical Practitioner</b>	1	2	3	4	5
Content 6/7	4.17				
Delivery 6/7	3.17				
<b>Nurse</b>	1	2	3	4	5
Content 7/7	3.43				
Delivery 7/7	3.29				
<b>Transgender Individual</b>	1	2	3	4	5
Content 2/3	4.50				
Delivery 2/3	3.50				
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8	3.29				
Delivery 7/8	2.57				
<b>Others</b>	1	2	3	4	5
Content 3/6	4.00				
Delivery 3/6	3.67				

### General Practitioner

- Suggest test video prior to conference.
- Slides too text heavy, even unable to read printed version. A pity because it's important! But also didn't acknowledge the discussion in the community about whether we should be pathologising transgenderism.
- Great talk. It would have been good to have a bit more about the role of the GP in diagnosis.
- I feel it was great & supportive, but there wasn't a lot of actual detail on how to make the diagnosis. Can I do it as a GP? Do I need a psychiatrist? Different for under 18s?
- Slides too content heavy, text too small. Too much emphasis on diagnostic criteria rather than real-world presentation/care.
- Valuable explanation of differentials & how narrative often differs from criteria.
- Great thanks

### Sexual Health / ID Physician

- A bit unpolished, but good content.
- Sometimes quiet. I likes the information on dual diagnosis and would like to see more on this, particularly with lack of access to specialist psychology services in my region.

### Other Medical Practitioner

- Content good. Slides too busy, font too small
- Very good presentation in a conference such as this.

### Nurse

- Very caring compassionate speaker – very useful information.
- Complex issues could be simplified with case history stories.
- Good information. Tad difficult reading powerpoint and copies.

### Trans Individuals

- Powerpoint was text heavy and hard to read, relatively un-engaging. Little confidence that presenter had researched/prepared well.

- A lot to take in with such a short time, will be interested to read the studies, particularly the BPD diagnosis.

### Counsellor/Psychologist

- Slides were difficult to read. Useful to list the differentials but would like more reflection on the frequency of this being the exploration for GD in her experience.
- A bit dry
- The photocopied slides in the manual are not readable – waste of paper & ink.

### Other

- I would say this was a very good session, but the slides went through quickly. Would like more info in how to treat co-morbid disabilities with GD & support people to commence treatment.

### Session 3: Models of Care

Combined	1	2	3	4	5
	<b>4.10</b>				
General Practitioner	1	2	3	4	5
Content 12/13	4.17				
Delivery 12/13	4.25				
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7	3.71				
Delivery 7/7	3.86				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.17				
Delivery 6/7	4.00				
Nurse	1	2	3	4	5
Content 7/7	4.00				
Delivery 7/7	4.00				
Transgender Individual	1	2	3	4	5
Content 2/3	4.50				
Delivery 2/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	4.43				
Delivery 7/8	4.29				
Others	1	2	3	4	5
Content 3/6	4.00				
Delivery 3/6	4.00				

### General Practitioner

- Succinct in a good way
- Will upload template into my practice software.
- Good brief introduction
- Lots of reliance on slides again.



### Sexual Health / ID Physician

- Good to have support for shared decision making model which involved in developing at a local level.

### Other Medical Practitioner

- Perfect setting of the General Practice scene.
- Simple content well delivered.

### Nurse

- Really helpful
- Very reassuring, inclusive presentation re: enable self to utilise skills to support transgender people.

### Trans Individuals

- Always informative & engaging. Gale has helped so many within the Brisbane community, so glad she is able to pass this knowledge on to others.
- Good to explore resources and varying care models, options for care of trans people.

### Counsellor/Psychologist

- More blurred and unreadable photocopies.
- Very informative.
- Excellent – concise and clear presentation.
- Great speaker – inspirational.

### Other

- I would perhaps like to see some case examples provided as to demonstrate the differences between the models of care if this permits for a 2019 session.

### Session 4: Hormones – An Introduction

Combined	1	2	3	4	5
				<b>4.41</b>	
General Practitioner	1	2	3	4	5
Content 12/13				4.50	
Delivery 12/13				4.50	
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7				4.43	
Delivery 7/7				4.29	
Other Medical Practitioner	1	2	3	4	5
Content 6/7				4.33	
Delivery 6/7				4.33	
Nurse	1	2	3	4	5
Content 7/7				4.57	
Delivery 7/7				4.71	
Transgender Individual	1	2	3	4	5
Content 2/3				4.50	
Delivery 2/3				4.50	

<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8				4.57	
Delivery 7/8				4.57	
<b>Others</b>	1	2	3	4	5
Content 3/6				4.00	
Delivery 3/6				4.00	

### General Practitioner

- Reasonable introduction, but then info was repeated in late sessions.
- I think there was too much assumed knowledge from the start. It was great, but my main outcome was that I feel a little overwhelmed & wondering what I do now as I don't think I know enough to start doing any practice in trans health.
- I liked the checklists and emphasis on long term ongoing monitoring.
- Great to know it can be run by primary care.
- Very useful, easy to follow, great resources.
- Great slides, great summary.

### Sexual Health / ID Physician

- Excellent topic as clinician.
- Excellent overview and summary.

### Other Medical Practitioner

- Font too small – can't be seen over background.
- Very useful and detailed.

### Nurse

- Explained things in a way that was very easy to understand.
- Always find Dr. Stuart interesting to listen to.
- Would have liked a slightly more basic introduction to hormones.

### Trans Individuals

- Engaging, but very basic. Could have been more indepth particularly re hormones.
- Great introduction to hormones.

### Counsellor/Psychologist

- Great speaker & provided lots of helpful information.

### Other

- Very good, but would like more discussion on treatment with respect to person's mental health management and supporting the person to commence treatment vs. not done to their mental health.

### Session 5: Testosterone, Contraception

<b>Combined</b>	1	2	3	4	5
				4.31	
<b>General Practitioner</b>	1	2	3	4	5
Content 12/13				4.75	
Delivery 12/13				4.58	
<b>Sexual Health / ID Physician</b>	1	2	3	4	5
Content 7/7				4.29	
Delivery 7/7				4.29	

<b>Other Medical Practitioner</b>	1	2	3	4	5
Content 6/7				4.33	
Delivery 6/7				4.33	
<b>Nurse</b>	1	2	3	4	5
Content 7/7				4.29	
Delivery 7/7				4.29	
<b>Transgender Individual</b>	1	2	3	4	5
Content 3/3				4.00	
Delivery 3/3				4.00	
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8				4.57	
Delivery 7/8				4.57	
<b>Others</b>	1	2	3	4	5
Content 3/6				4.00	
Delivery 3/6				4.00	

### General Practitioner

- Great slides, appreciate discussion on practical topics as well as more clinical ones.
- Fantastic – thank you. Would be keen to know a bit more on monitoring (but likely just my lack of knowledge & everyone else knows already). Would be v. keen on prescriber course.
- Confusing topic (contraception), so very informative & clarifying.
- Went a bit fast, but excellent content.
- I feel this was great – but need more time on the actual hormone/prescribing parts.
- Thank you for readable and real world answers with guides that are applicable.

### Sexual Health / ID Physician

- Very good topic.

### Other Medical Practitioner

- Very experienced!

### Nurse

- Lots of good information.
- Just too much content on slides.
- Wealth of knowledge – get case examples.

### Trans Individuals

- Very knowledgeable, so pleased that we have such wonderful Dr's in Brisbane.
- Very in-depth and comprehensive discussion, especially on administration options.

### Counsellor/Psychologist

- Great speaker – extremely knowledgeable.
- Thorough, especially the points directly from clinical practice. Good to see inclusion of sexual health & reproductive function.

### Other

- Very informative and thank you for using slides with pictures to show the linkage of the info being presented. Presented in a most understanding medical manner.

### Session 6: Anti-androgens, Oestrogens, Progesterone

<b>Combined</b>	1	2	3	4	5
	<b>4.54</b>				
<b>General Practitioner</b>	1	2	3	4	5
Content 12/13	4.83				
Delivery 12/13	4.83				
<b>Sexual Health / ID Physician</b>	1	2	3	4	5
Content 7/7	4.29				
Delivery 7/7	4.43				
<b>Other Medical Practitioner</b>	1	2	3	4	5
Content 6/7	4.67				
Delivery 6/7	4.50				
<b>Nurse</b>	1	2	3	4	5
Content 7/7	4.57				
Delivery 7/7	4.71				
<b>Transgender Individual</b>	1	2	3	4	5
Content 3/3	4.67				
Delivery 3/3	4.33				
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8	4.86				
Delivery 7/8	4.86				
<b>Others</b>	1	2	3	4	5
Content 3/6	4.00				
Delivery 3/6	4.00				

#### General Practitioner

- Excellent presentation by Dr Achong.. Unclear if it was necessary to have Dr Aitken's part of this session.
- Great talk, no criticism.
- Also good to know that this can be done through primary care.
- Fantastic. Would be very keen on any prescriber course.
- Grateful for 60 mins as difficult topic.

#### Sexual Health / ID Physician

- Eloquent and knowledgeable speaker.
- Great presentation.

#### Other Medical Practitioner

- Great energy.
- Handouts not easy to read.
- Totally outstanding.

#### Nurse

- So much information!!! Lots of information to read more about.
- Just too much content on slides.
- Naomi – terrific.

- Dr Naomi was dynamite and so easy to listen. Loved her compassion. So down to earth.

### Trans Individuals

- Naomi's presentation was particularly excellent! Love the advocacy and patient focus, brilliant depth of explanation.
- Always informative & even though content is pushed through quite fast, it's still engaging & so valued.

### Counsellor/Psychologist

- Very knowledgeable, both Stuart & Naomi's expertise valued & further their positive frame of practice in relation to trans folks.
- Dr Achong was excellent!!!
- Naomi was Brilliant – loved her passion & compassion!
- Naomi great speaker.

### Other

- Very informative and good to have two speakers for this part. Thank you for the charismatic perspective and thorough presentation.

### Session 7: Top Surgery

Combined	1	2	3	4	5
				<b>4.32</b>	
General Practitioner	1	2	3	4	5
Content 12/13				4.75	
Delivery 12/13				4.83	
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7				4.00	
Delivery 7/7				3.71	
Other Medical Practitioner	1	2	3	4	5
Content 6/7				4.17	
Delivery 6/7				4.17	
Nurse	1	2	3	4	5
Content 7/7				4.43	
Delivery 7/7				4.71	
Transgender Individual	1	2	3	4	5
Content 3/3				4.33	
Delivery 3/3				4.33	
Counsellor - Psychologist	1	2	3	4	5
Content 7/8				4.43	
Delivery 7/8				4.57	
Others	1	2	3	4	5
Content 3/6				4.00	
Delivery 3/6				4.00	

### General Practitioner

- Great – thank you
- Great. Good to see variety of post-op results.
- Love the candour.
- Excellent presenter
- Very clear
- Engaging and honest. Maybe a little more explanation about techniques in different approaches.

### Sexual Health / ID Physician

- Good pictures but I'm not sure about delivery style.
- Fun & humorous. Can see how Alys engages with new patients.
- Good to get surgeon's personal perspective.

### Other Medical Practitioner

- Well worth hearing.

### Nurse

- Much fun to listen to.
- Very funny.
- Very funny presenter. Very much enjoyed her presentation & learnt a lot.

### Trans Individuals

- Some language was problematic. Eg "You'd never know he was a girl". 'm sure Alys didn't mean anything by it, however as a trans person, it's not something I am comfortable hearing.
- Very refreshing presentation and excellent as a future patient. Very honest.

### Counsellor/Psychologist

- Humorous / fantastic delivery.
- Very informative.
- Could have included more specifics on steps of surgery to feedback to clients, but I'm sure you give that in consult.
- An improvement to language from last year, but could still be improved.
- Wonderful grounded speaker. Loved Alys style & energy.
- Very nice to see the challenges that surgeons can experience and valuable outcomes – this will enable me to better prepare clients.

### Other

- Very informative, and thank you for the charismatic presentation and honesty of the presenter.

### Session 8: Gender Affirmation Surgery – Vaginoplasty, Orchidectomy

Combined	1	2	3	4	5
	<b>4.39</b>				
General Practitioner	1	2	3	4	5
Content 12/13	4.75				
Delivery 12/13	4.83				
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7	4.00				
Delivery 7/7	4.00				

<b>Other Medical Practitioner</b>	1	2	3	4	5
Content 6/7				4.50	
Delivery 6/7				4.50	
<b>Nurse</b>	1	2	3	4	5
Content 7/7				4.57	
Delivery 7/7				4.57	
<b>Transgender Individual</b>	1	2	3	4	5
Content 3/3				4.33	
Delivery 3/3				4.33	
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8				4.57	
Delivery 7/8				4.57	
<b>Others</b>	1	2	3	4	5
Content 3/6				4.00	
Delivery 3/6				4.00	

### General Practitioner

- Very clear
- Great summary
- Demystifying a topic rarely discussed.
- Great thank you.

### Sexual Health / ID Physician

- Gory! Maybe more cartoon images to explain.
- Great slides. Enlightening to see how GRS done. Interesting re health funds.

### Other Medical Practitioner

- Excellent
- Learnt a lot!

### Nurse

- Very informative – made it through the pictures of surgery!!
- Fascinating & great presentation.
- Interesting.

### Trans Individuals

- Informative. Lots of information is hard to come by otherwise.
- Wow, great presentation.

### Counsellor/Psychologist

- Very inspiring – loved the content – great to know referral pathways for trans women to access GGR.
- Learned a lot from this talk.
- Loved the pics, a picture says a thousand words.
- Again, good to see valuable outcomes.

### Other

- Very informative, thank you for informing beforehand of picture content. Thank you to the presenter for explaining thoroughly his professional approaches.

### Session 9: Phalloplasty

Combined	1	2	3	4	5
	<b>4.27</b>				
General Practitioner	1	2	3	4	5
Content 12/13	4.83				
Delivery 12/13	4.75				
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7	4.14				
Delivery 7/7	3.57				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.50				
Delivery 6/7	4.33				
Nurse	1	2	3	4	5
Content 7/7	4.57				
Delivery 7/7	4.43				
Transgender Individual	1	2	3	4	5
Content 3/3	4.00				
Delivery 3/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	4.57				
Delivery 7/8	4.00				
Others	1	2	3	4	5
Content 3/6	4.00				
Delivery 3/6	4.00				

#### General Practitioner

- Very good
- Great – thank you
- Demystifying a topic rarely discussed.
- Great summary
- Very clear

#### Sexual Health / ID Physician

- Amazing surgery
- Again, great slides. Enlightening to see how Phalloplasty done.
- I can understand reluctance to use photos in live streaming option but made it harder to visualise process.
- I would have appreciated seeing slides including surgical slides but I understand the sensitivities & reasons why. Thank you. I really appreciated this down-to-earth & very realistic talk & having a surgeon with these skills in Australia & his team approach.

#### Other Medical Practitioner

- Pleasure to have an expert.



### Nurse

- So much information.
- Thanks to all the surgeons for their honesty & sharing of photos.
- Great presentation – very informative.

### Trans Individuals

- Having known a couple of guys having surgery with this Dr, prices on presentation seem awfully cheap.
- Some diagrams need to follow.

### Counsellor/Psychologist

- Great pics & video.
- AMAZING!
- Improvement on last year, could still be improved.
- Great to hear about process for referral pathways for trans men in Brisbane.

### Other

- Very informative. Thank you for forewarning audience of the picture content. Thank you for sharing honestly your professional approach.

### Session 10: Prescribers' Case Studies and Panel

Combined	1	2	3	4	5
	<b>4.07</b>				
General Practitioner	1	2	3	4	5
Content 12/13	4.33				
Delivery 12/13	4.33				
Sexual Health / ID Physician	1	2	3	4	5
Content 7/7	4.00				
Delivery 7/7	3.86				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.00				
Delivery 6/7	4.17				
Nurse	1	2	3	4	5
Content 7/7	3.86				
Delivery 7/7	3.86				
Transgender Individual	1	2	3	4	5
Content 3/3	4.33				
Delivery 3/3	5.00				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	4.29				
Delivery 7/8	4.29				
Others	1	2	3	4	5
Content 3/6	3.33				
Delivery 3/6	3.33				

### General Practitioner

- In general, it is better if presenters don't just expect us and them to just read the slides. Another model is to have much less text heavy slides and then to have a QR code or bit.ly link to a document that has the sort of information that was on the slides today for people to go back to. The printed slides of powerpoints are unreadable in many cases. Lost opportunity.
- Planned case studies for next time.
- Very useful – answered a lot of questions I had without me even asking any!
- Great to have this included.

### Sexual Health / ID Physician

- Not very organised. Case slides could be better developed.
- Generally great. I was annoyed/disappointed when I asked about instructive or tricky cases and none of the panel answered. That is what we need to know – advice from the experts on managing difficult situations/cases. I would recommend adopting the ASHM S100 prescriber training format where several tricky cases are presented and the panellist discusses their approach to management, or do this at tables, discuss management in small groups, then reconvene to debrief. I need to know about what might “go wrong” and how to handle it. Can you do this and also attend to patient confidentiality?
- Useful

### Other Medical Practitioner

- A vital session
- Might have been more constructive if 2 or 3 difficult cases were discussed. Might have demonstrated topics more eg: \*Case about LH not suppressed \*case about periods continuing despite T \* case about previous DVT.

### Nurse

- Good case discussion and question time.
- Learnt a lot
- Great way to finish up. Level of knowledge and experience really helpful.

### Trans Individuals

- Excellent opportunity to hear variety of opinions and get multiple inputs on various cases and questions. Very informative as a consumer. Great and unprecedented opportunity to solidify personal discussions about transition. Wish this sort of knowledge sharing was more accessible to consumers to help get a full and complete picture of what goes on in the medical side. Excited for tomorrow.
- Lots of valuable information from very knowledgeable panel. Couldn't think of better people to be on the panel.

### Counsellor/Psychologist

- Good idea to be able to ask specific questions, however I wonder if it would have worked as well as it did if the audience were different and didn't ask as many questions.
- Very informative, lots of good case examples.
- Amazing access 😊
- Would like some actual case studies to be discussed in addition to the discussions on the hormone treatment options. Overall good and interactive presentation.

### Other

- NIL RESPONSES

## Session 11: Childhood Gender Variance

Combined	1	2	3	4	5
	<b>4.62</b>				
General Practitioner	1	2	3	4	5
Content 11/13	4.91				
Delivery 11/13	4.55				
Sexual Health / ID Physician	1	2	3	4	5
Content 6/7	4.33				
Delivery 6/7	4.33				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.83				
Delivery 6/7	4.83				
Nurse	1	2	3	4	5
Content 6/7	4.50				
Delivery 6/7	4.50				
Transgender Individual	1	2	3	4	5
Content 2/3	4.50				
Delivery 2/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	5.00				
Delivery 7/8	5.00				
Others	1	2	3	4	5
Content 6/6	4.67				
Delivery 6/6	4.67				

### General Practitioner

- Would like to hear about creating safe space for gender variant children in our practice.
- Amazing metaphors. Excellent intro to young people. Slides were too busy and text too small. She was more interesting to listen to.
- Fantastic – thanks for all the great resources!
- Brilliant speaker
- Relevant & insightful
- Wide ranging, excellent detailed slides! Too detailed, unreadable on paper.

### Sexual Health / ID Physician

- Amazingly fantastic presentation – thank you!
- Good overview. Quite a lot in presentation. Slides don't correspond. Rushed towards end.

### Other Medical Practitioner

- Very clear
- Did not attend
- YouTube video TED talk would have been useful. Excellent speaker, clear & concise.
- Totally outstanding.

### Nurse

- Wonderful speaker. A lot of information. Food for thought.
- Lots of great information, very informative.

### Trans Individuals

- Another 15 minutes would have been great considering how important this topic is 7 how many kids we're seeing with gender variance.
- Powerpoint was totally different to printed slides – very confusing. However, on-screen slides were used well. Good explanation of access and support of young children in particular.

### Counsellor/Psychologist

- Wonderful presentation
- Wonderful speaker & extremely informative – lots of great information to refer to.
- Olivia was very dynamic.

### Other

- Last series and slides had to be cut short. It would be good if we had more time to cover next year.

### Session 12: Pathways of Care for Children

Combined	1	2	3	4	5
	<b>4.14</b>				
General Practitioner	1	2	3	4	5
Content 11/13	4.82				
Delivery 11/13	4.64				
Sexual Health / ID Physician	1	2	3	4	5
Content 6/7	3.83				
Delivery 6/7	3.17				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.50				
Delivery 6/7	4.17				
Nurse	1	2	3	4	5
Content 6/7	4.17				
Delivery 6/7	4.00				
Transgender Individual	1	2	3	4	5
Content 2/3	3.50				
Delivery 2/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 8/8	4.38				
Delivery 8/8	4.38				
Others	1	2	3	4	5
Content 6/6	4.33				
Delivery 6/6	4.00				

### General Practitioner

- One case? Mis-gendered ☹ but later came clear I want to commend the modelling of self-reflection and learning in case 5.
- Rushed the end.
- Fantastic – really helpful to hear some cases and their management.
- Really interesting cases.
- Great diversity of cases but talk was more psychiatric than about pathways which is still a great topic.

### Sexual Health / ID Physician

- Very good cases presented. Very good self-reflection from physician.
- Slides hard to read. Excellent instructive case studies.
- Interesting, but a lot of detail in the case studies! The adolescent cases and interaction with ASD/other disorders could have been given more time.

### Other Medical Practitioner

- Presenting case histories is good. Presentation was really fluid.
- Busy slides. Should have fewer cases & concentrate on complex cases.

### Nurse

- Excellent case studies. Very informative.
- Interesting case studies. Full of information.

### Trans Individuals

- Mis-gendering in case 5 in powerpoint – some outdated terminology.
- So much to take in, hard to follow in parts, but gave a very good insight into complexities in the child/youth space.

### Counsellor/Psychologist

- Great to hear case studies.
- Expressed warmth and care for his patients.
- Some language difficulties / mistakes. Good to hear specific case studies.
- Interesting case studies.

### Other

- Would like more clarification of the correlation between ASD & GD

### Session 13: Exploring Legal Topics that Affect Trans Individuals

Combined	1	2	3	4	5
	<b>4.18</b>				
General Practitioner	1	2	3	4	5
Content 10/13	4.60				
Delivery 10/13	4.60				
Sexual Health / ID Physician	1	2	3	4	5
Content 5/7	3.80				
Delivery 5/7	3.20				
Other Medical Practitioner	1	2	3	4	5
Content 7/7	4.71				
Delivery 7/7	4.43				

<b>Nurse</b>	1	2	3	4	5
Content 6/7	4.00				
Delivery 6/7	3.83				
<b>Transgender Individual</b>	1	2	3	4	5
Content 2/3	4.00				
Delivery 2/3	3.50				
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 8/8	4.25				
Delivery 8/8	4.75				
<b>Others</b>	1	2	3	4	5
Content 6/6	4.50				
Delivery 6/6	4.33				

### General Practitioner

- Excellent summary
- Great presenter but too much emphasis on marriage. I would have appreciated a more how-to approach for primary care.
- Very useful, thank you.

### Sexual Health / ID Physician

- Very dry presentation, but good to hear about legal issues.
- More relevant to Australia but some general principles. Thanks for letting NZers join in!
- I would have appreciated a small dot-point summary of key legal aspects.

### Other Medical Practitioner

- Intro could have started with more emphasis on legislation in other states too.
- Time on transgender issues in the workplace would be interesting.
- Essential presentation for this forum.

### Nurse

- Excellent
- Excellent information – spoke very well – lots of great knowledge & examples.

### Trans Individuals

- Probably not enough detail about actual trans legal topics, maybe as a trans person I'm just aware of issues more. I understand time constraints, however it did seem a bit vague & broad.

### Counsellor/Psychologist

- Some language issues – “opposite sex couples”. Seemed like a bit too much same-sex talk at the beginning. Good presenter. Q&A section was really useful & could have been extended.
- Would have liked anti-discrimination information, case example of successful complaints. Very engaging speaker.
- Great to know legal movements. Stephen was great.

### Other

- Would be good to learn about referral pathway to an independent counsellor/lawyer and DV protections of trans population. Maybe have a guest partner to attend to explain their experience.

### Session 14: Parents' Forum: Q & A Exploring Aspects of the Health System

Combined	1	2	3	4	5
	<b>4.29</b>				
General Practitioner	1	2	3	4	5
Content 10/13	4.60				
Delivery 10/13	4.60				
Sexual Health / ID Physician	1	2	3	4	5
Content 6/7	4.33				
Delivery 6/7	4.00				
Other Medical Practitioner	1	2	3	4	5
Content 5/7	4.20				
Delivery 5/7	4.20				
Nurse	1	2	3	4	5
Content 4/7	4.00				
Delivery 4/7	4.00				
Transgender Individual	1	2	3	4	5
Content 2/3	4.00				
Delivery 2/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	4.29				
Delivery 7/8	4.29				
Others	1	2	3	4	5
Content 6/6	4.67				
Delivery 6/6	4.83				

#### General Practitioner

- Good to hear from parents' point of view. Parents support group v. useful.
- Would be good to have more parents.
- Question was made about how validating a parent's grief can further stigmatise a child as a problem. I think this was dismissed as not so important, but actually deserves more attention.

#### Trans Individuals

- Emotionally really tough, but a good discussion to have. Panel needs more time allocated to adequately address everyone's questions.
- Time allowed a bit too short.

#### Counsellor/Psychologist

- Would like to perhaps hear just from parents.

#### Other

- It was good to have this panel and everyone was knowledgeable & respectful. Maybe next year have a panel (extra) to share his or her experience with the health system.

### Session 15: Trans Forum: Panel of Transgender Individuals Exploring Access to the Health System

Combined	1	2	3	4	5
	<b>4.69</b>				
General Practitioner	1	2	3	4	5
Content 11/13	4.91				
Delivery 11/13	5.00				
Sexual Health / ID Physician	1	2	3	4	5
Content 6/7	4.00				
Delivery 6/7	4.00				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.83				
Delivery 6/7	4.83				
Nurse	1	2	3	4	5
Content 5/7	4.20				
Delivery 5/7	4.20				
Transgender Individual	1	2	3	4	5
Content 1/3	5.00				
Delivery 1/3	5.00				
Counsellor - Psychologist	1	2	3	4	5
Content 8/8	5.00				
Delivery 8/8	5.00				
Others	1	2	3	4	5
Content 6/6	4.83				
Delivery 6/6	4.83				

#### General Practitioner

- Privilege was often mentioned as an enabling factor but I wanted to hear the experience of people who struggle to afford the services required.
- Excellent. My only feed-back is the representation (under-representation) of people of colour & ethnic diversity, and people born overseas not on Medicare. I feel this would have greatly added to the panel for depth & better representation.
- Hand-out of peer support groups or resources would be useful. Fantastic!
- The power of the personal story cannot be over-emphasized.
- Thanks for sharing your stories.
- Very useful thank you.

#### Sexual Health / ID Physician

- Appreciated listening to stories – very privileged. Eye-opening.
- I loved some of the issues which were brought which we would not necessarily think about as clinicians.

#### Other Medical Practitioner

- Very well chosen panellists.
- Illuminating



### Nurse

- Excellent insight into how best support transgender people.
- Thank you so much. 5 brave souls.

### Trans Individuals

- Maybe allow an hour for the trans panel.
- Definitely needed more time. A great way to get trans issues into the workshop but I also feel that hearing from trans people is the most important part and needs a bigger time allocation.

### Counsellor/Psychologist

- Good to hear from the patients all the other speakers are talking about.
- Very helpful
- So brave/courageous
- A highlight. Referral to peer support is important for health professionals. Learning more about these options was great. Thanks for your generosity in sharing your stories.

### Other

- Good and collaborative. Could next year they explain more about their specific experience in specialised areas of health.

### Session 16: Fertility Preservation and Reproductive Options

Combined	1	2	3	4	5
	<b>4.03</b>				
General Practitioner	1	2	3	4	5
Content 11/13	4.64				
Delivery 11/13	4.64				
Sexual Health / ID Physician	1	2	3	4	5
Content 6/7	3.50				
Delivery 6/7	3.33				
Other Medical Practitioner	1	2	3	4	5
Content 6/7	4.83				
Delivery 6/7	4.83				
Nurse	1	2	3	4	5
Content 5/7	4.00				
Delivery 5/7	4.00				
Transgender Individual	1	2	3	4	5
Content 2/3	3.00				
Delivery 2/3	3.50				
Counsellor - Psychologist	1	2	3	4	5
Content 7/8	4.00				
Delivery 7/8	4.29				
Others	1	2	3	4	5
Content 6/6	4.00				
Delivery 6/6	3.83				

### General Practitioner

- Fantastic, thank you.
- Excellent acknowledgment of the complexity & ambiguity of care. I appreciated the willingness to pursue freezing even with low quality of gametes.
- Good candour regarding “unknowns”.
- Case studies did a great job of recognising diversity and being open and honest about outcomes. Should have been made clear pregnancy may not be possible as few eggs will survive to implantation.

### Sexual Health / ID Physician

- Very useful

### Other Medical Practitioner

- More discussion re cost. How long can we keep?
- Could have been developed further – would have been good for the trans presenters to have been involved in this.

### Nurse

- Great

### Trans Individuals

- Outdated/problematic language, relatively broad and uninformative. Mostly focussed on pt intervention generally as opposed to clinical specifics.
- Felt a bit rushed but also aware that time frame was short.

### Counsellor/Psychologist

- Qld lagging behind other states may need an interstate perspective.
- More information on cost/specific access for youth.
- Highlighted lots of uncertainties about fertility preservation.

### Other

- Very informative and good to have case examples.

### Session 17: Gynaecological and Obstetric Care of the Trans Man

Combined	1	2	3	4	5
	<b>4.18</b>				
General Practitioner	1	2	3	4	5
Content 11/13	4.45				
Delivery 11/13	4.45				
Sexual Health / ID Physician	1	2	3	4	5
Content 5/7	4.20				
Delivery 5/7	4.00				
Other Medical Practitioner	1	2	3	4	5
Content 7/7	4.71				
Delivery 7/7	4.43				
Nurse	1	2	3	4	5
Content 5/7	4.20				
Delivery 5/7	4.20				

<b>Transgender Individual</b>	1	2	3	4	5
Content 2/3	4.00				
Delivery 2/3	3.50				
<b>Counsellor - Psychologist</b>	1	2	3	4	5
Content 7/8	4.14				
Delivery 7/8	4.29				
<b>Others</b>	1	2	3	4	5
Content 6/6	4.00				
Delivery 6/6	4.00				

### General Practitioner

- Appreciate recognition that high risk with hospital staff. Presenter was good to acknowledge own lack of experience.
- Spoke a bit fast, but excellent content. Good to think about the pregnant man's experience.
- Fantastic thanks.
- Overlap with previous comprehensive presentations.
- It is clear that more actual research is needed in this area.

### Sexual Health / ID Physician

- Very useful information.
- With both this and last session appreciated honesty of presenters in relation to limitations and need for re-orientation of their teams to managing trans issues.

### Other Medical Practitioner

- Didactic & functional.
- Difficult topic. May have been nice to hear from someone who has delivered??

### Nurse

- Great and excellent info.
- Great informative information.

### Trans Individuals

- Covered all of the basics, costs involved would have been nice to know.
- Interesting choice of presenter. Interesting information and options presented.

### Counsellor/Psychologist

- Unsure if sensitivities were all covered. What about a once a month transmen OBGYNE clinic – well advertised with all trans male attending on the day with well educated admin & nursing staff?

### Other

- Very informative

### Session 18: Voice Training

Combined	1	2	3	4	5
	<b>4.16</b>				
General Practitioner	1	2	3	4	5
Content 7/13	4.71				
Delivery 7/13	4.71				
Sexual Health / ID Physician	1	2	3	4	5
Content 5/7	3.40				
Delivery 5/7	3.60				
Other Medical Practitioner	1	2	3	4	5
Content 5/7	4.20				
Delivery 5/7	4.20				
Nurse	1	2	3	4	5
Content 3/7	4.33				
Delivery 3/7	4.33				
Transgender Individual	1	2	3	4	5
Content 2/3	3.50				
Delivery 2/3	4.00				
Counsellor - Psychologist	1	2	3	4	5
Content 6/8	4.33				
Delivery 6/8	4.33				
Others	1	2	3	4	5
Content 5/6	4.00				
Delivery 5/6	4.60				

#### General Practitioner

- Thank you, I've been curious about voice training for a while. Great talk. I'm very new to the side of transgender health, so some of the hormone therapy went over my head. I'd be very interested in a prescriber course or any basic info. Fantastic course, thanks.

#### Sexual Health / ID Physician

- It would have been nice to have examples through videos – for us to see & hear.
- Interesting – find it is an area difficult to get information.

#### Other Medical Practitioner

- Some examples would have been interesting.
- Good. Some 'sound bites' would be good.
- Very interesting presentation. I would never have attended a lecture in this topic before. It was excellent in all respects.

#### Nurse

- Very useful information.

#### Trans Individuals

- Short, sweet, straight to the point. Very concise and informative presentation.

### **Counsellor/Psychologist**

- Nice option of networking.
- Great practical examples. Could have been longer.
- Very entertaining.

### **Other**

- Very informative

### **What has been of most value to you in this workshop?**

#### **General Practitioner**

- Intro to prescribing. The how-to approach for primary care practitioners. I also valued the holistic elements on the second day.
- Overall look at transgender health.
- Networking
- Reassurance that as a GP and with an open mind I already have most of the skills needed.
- Knowledge and hormones.
- Prescribing
- Lived experience accounts and taking multidisciplinary approach.
- Fantastic overview, very useful. I found lectures to be very useful.
- Listening to health professionals & patients & their stories/experiences. Simple change – use of pronouns. Ability to access live feed/recordings. Practical advice re hormone prescribing & finding support to start.
- All good so educational & beneficial for my work.
- Specific details about medical management. Networking. Contact with people with lived experience.

#### **Sexual Health / ID Physician**

- Presentations on hormones, contraception, anti-androgens, fertility preservation/reproductive options, gynae/obs care.
- Meeting/networking. Sessions on hormones. Case studies were excellent.
- Hormone provision. Networking.
- Consolidation of experience. Enjoyed online option.
- Streaming

#### **Other Medical Practitioner**

- The trans presentation. The prescribers workshop.
- GP prescribing workshops. Voice training. Transgender forum.
- Medication discussion. Fertility.
- Explanation of hormone therapy. Would have appreciated more case studies with practical advice. Transgender panel. Fantastic!

#### **Nurse**

- Finding access to services & websites.
- Hormone provision, surgery, obs/gyn.
- The incredible knowledge and experience of all the presenters.
- LCCH. Contraception for M to F + gynaecological care + STS management.

#### **Trans Individuals**

- All panel especially trans panels.
- All of it.

### **Counsellor/Psychologist**

- Having the opportunity to meet and get information from very knowledgeable practitioners in the field.
- Variety of presentations. Particularly love the doctors who spoke about hormones.
- Looking holistically at Transgender Health.
- Meeting people that I usually only have contact by phone or email, educating my work colleagues.
- I do assessments for readiness to commence medical treatment for hormone therapy. So increased understanding from a medical standpoint is helpful.

### **Other**

- The fact that there was a mixture of presentation styles, including powerpoint, great speakers & panel discussions.
- Getting an understanding of the issues trans individuals & their parents go through.
- Networking, sharing cases, hearing from parents and trans people.
- Panels with parents & transgender people.
- The breadth of knowledge and professions.
- Info on treatment and monitoring.

### **What suggestions do you have for improvement of this workshop?**

#### **General Practitioner**

- It is difficult to manage data-heavy presentations and limitations of powerpoint. Providing links to powerpoint at end or USB with info helpful.
- Ensure we can get RACGP points for future workshops.
- Parental stories.
- Basic lecture on hormone replacements.
- Additional topic "Cosmetic" treatments (non-surgical), eg dermal fillers, hair removal.
- Resources for further learning – online repository for links and resources mentioned.
- More '101' on hormone prescribing, accurate diagnosis, & medical workshop ins & outs.
- Funding (? Pharma or other) for trans community & parents to attend – would be valuable and much appreciated.
- Accept rather than question childhood gender diversity.
- Pronouns on name tags. Gender neutral bathrooms, or making the M F bathrooms all gender.

#### **Sexual Health / ID Physician**

- Increase case study inclusion.
- Prescribers case studies could be better organized and presented.
- Few as overall ran quite smoothly. A couple of presenters slow at getting in to subject, and one is more conscious of this when watching online.
- Include a paediatric endocrinologist to present puberty blockers including reminder of Tanner strategy.

#### **Other Medical Practitioner**

- Case studies.
- Dr Melissa Cameron of Melbourne IVF would be a very good presenter on fertility presentation.

### **Nurse**

- Have been to previous Iris Education workshops. They continue to get better.
- Less on slides – very hard to read.

### **Trans Individuals**

- More time for panels & possibly more trans community involvement.
- More time allowed to panels. More voice given to trans individuals.

### **Counsellor/Psychologist**

- Practice highlight – showcase an initiative or practice of excellence. Could be categories or community health prac.
- Would like to see more multidisciplinary.
- Lived voices on first day when GPs all present.
- I participated online – issues with streaming meant it was hard to participate at times. Content was excellent.

### **Other**

- Cushions or more standing and moving around.
- Maybe 2.5 days where the 3<sup>rd</sup> day is next weekend.

### **What is one thing you might now do as a result of having attended this workshop?**

#### **General Practitioner**

- Continue hormone scripts from endocrinologists. Make contact with organizations to list myself as a friendly practitioner.
- Accept rather than question childhood gender diversity.
- Contact new contacts to work with them to gain further experience.
- Advertise ability to consult with transgender/gender diverse patients.
- Be aware of children.
- Market myself as “Trans Friendly GP” to specialist services.
- Feel more confident with terminology.
- Know how to approach consult with trans person.
- Change administrative processes at the practice – more trans friendly.
- More confidence with prescribing.
- I will be more confident in monitoring my trans patients and discussing hormone treatment and all stages of management.

#### **Sexual Health / ID Physician**

- Look at more training for health professionals in my state.
- Start prescribing!
- Open a trans clinic!
- Use discussions around models of care to inform local pathway development.
- Join ANZPATH! Have been meaning to do so for ages.

#### **Other Medical Practitioner**

- Ask about sexual partners, talk about contraception.
- Be able to promote safer work environment for LGBTI groups in my practice.

### **Nurse**

- Lots more reading – has helped directing what I need to know more about.
- Change our 2 toilets (M + F) to 2 gender neutral toilets in our Sexual Health Clinic.
- Hoping to set up our clinic as LGBWT – transgender friendly.

### **Trans Individuals**

- Talk more responsibly and a more active role in my own healthcare & referrals.

### **Counsellor/Psychologist**

- Be able to provide more information.
- It's great to have access to referral pathways to gender affirming practices.
- Update contact lists, increased by professional network.
- More in-depth discussions about variations in outcomes of surgery.

### **Other**

- Research on psychosocial issues. Liaise with LCCH on Relationships Australia for info on their family work to strengthen my practice.
- Talk to child re few things. Join Facebook group.
- Review some things at work such as intake forms. Asking people their preferred pronouns.

### **Do you have any suggestions for additional educational events that would be valuable in the area of transgender health?**

#### **General Practitioner**

- Practice staff training.
- Assessment for the “readiness” of hormone treatment.
- I would be very interested in a prescriber course.
- Transgender on a Budget: Advice for Patients on Negotiating Costs --- Practical aspects such as foreskin hygiene for transwomen.
- Maybe a medical / tests / diagnosis / prescribing full day focussed workshop?
- Focussed sessions on hormone therapy for prescribers.
- Information night for GP prescribers – update in hormone prescribing.

#### **Sexual Health / ID Physician**

- Complex case studies webinar.
- Involvement in undergrad/postgrad medical education. More on voice/vocal chord surgery.
- No – workshop compliments events organised by ANZPATH.
- Managing obesity ?

#### **Other Medical Practitioner**

- Transition process from non-medical perspective alluded to on Sunday pm, but I would like a better indication of how unimportant the \*

#### **Nurse**

- No – great coverage of education.
- School education



### Trans Individuals

- Smaller, more focussed sessions distributed through the year “train the trainer” sessions.

### Counsellor/Psychologist

- Self-care for trans and sexuality diverse practitioners working as health practitioners in sometimes hostile or conservative health environments.
- More psychological support. Maybe role play / video of a GP Ax.
- Treating gender dysphoria in people with complex mental health issues.

### Other

- Training specific to DV, Mental Health, & educating health care providers, family support etc.

### Have you any comment about the logistics of the workshop?

#### General Practitioner

- The A/V was annoying – screen too small for the room, & the slide projector not working was extremely frustrating & time-wasting.
- Better AV for the presenters.
- Very good
- Socialising / mingling / introduction exercise at the start.
- Good
- All good – thanks
- Great catering
- Venue & catering excellent
- Excellent venue & catering.

#### Sexual Health / ID Physician

- Thank you
- All excellent – great food
- All great thanks
- 2 step registration & payment confusing – link them. Sent wrong registration details – online vs in person. In-session IT needs improvement – annoying. Wrong title on some badges. Good venue food – adequate. Quite relaxed pace for large amount of information.
- Well organised – no suggestions. Thank you for a useful couple of days.
- Well organised & I appreciated the slides beforehand. Streaming was great but image kept freezing & I kept needing to restart to get video going again. Sound was good though. It would have been great to have Sat evening access to video from the day as I had to miss Saturday afternoon. Thank you!

#### Other Medical Practitioner

- Venue etc all excellent.
- Good venue, good catering.
- Difficult to locate powerpoints in time for workshops.
- Very well organized, thank you.

### **Nurse**

- All good thank you. Thank you Stephen & Brad. Well done. Excellent variety of presenters with some serious grey matter!!
- Easy to follow. Venue and especially catering was wonderful. Especially the coriander fish. Thank you for a great two days! Informative.
- Very good.
- Venue great, food amazing, parking easy!

### **Trans Individuals**

- Some parts of payment and linking process was confusing. Venue and catering was excellent.

### **Counsellor/Psychologist**

- Catering better day 1 than day 2. Venue better than last year. Some topics needed more Q 7 A time.
- Food better day 1 than day 2.
- Catering was great – location good. Chairs extremely uncomfortable!

### **Other**

- No everything was fine. Maybe if we could have any powerpoints not provided handed out on the day if available but your website is just as fine so thank you for the alternative. Include RBCOH Gender Service to speak. If we had 3 days, could do some practice work. Overall excellent!! Thank you ☺
- Good food Thanks!
- Lactose free milk.
- Venue excellent. Food v. good.
- I thought the online streaming worked well.