



**HIV & Wellness Workshop #16**  
**Saturday 23<sup>rd</sup> June 2018**  
**At**  
**The Brisbane International**  
**Virginia**

**EVALUATION REPORT**

# HIV & Wellness Workshop #16

## EVALUATION REPORT

This year we had record numbers enrol in the HIV & Wellness workshop, a total of 65 participants enrolled as face to face participants, of this 65, 13 participants withdrew from the event and 13 participants did not show up on the day. Of the 39 that attended the day we received 36 completed evaluations forms

The breakdown of participants included:

- 3 General practitioners
- 16 Clinical nurses
- 9 'other' category included:
  - Dental therapist
  - QPP Casual
  - Pharmacist
  - 2 psychologists
  - Researcher & NGO
  - ViiV
  - Community development officer

The committee for HIV & Wellness Workshop consisted of the following representatives:

Mr Adam Spinks, Brisbane Sexual Health & HIV Service

Mr Brad Reuter Iris Education

Mr Chris Howard, Queensland Positive People

Mr David Youds, Gladstone Medical Centre

Ms Kate Bath, Australasian Society for HIV, Viral Hepatitis & Sexual Health Medicine

Dr Katelin Haynes, Australasian Society for HIV, Viral Hepatitis & Sexual Health Medicine

Mr Robert Muscolino, Queensland Aids Council

Dr Steve Lambert, Iris Education

The committee decided upon the topics for this workshop and all presentation and discussions were well received by the participants.

Feedback through this process revealed that the HIV & Wellness Workshop # 16 was a positive experience with participants indicating that they gained much from their attendance. Participants were asked to rate each panel or presentation on a scale from '1' to '4' ["poor = 1" to "excellent = 5"]. Out of the 6 presentations delivered the majority of participants rated them as 'above average' or 'excellent'.

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### THE PROGRAM

Time	Topic	Presenters
<b>10.30 am</b>	<b>Registration &amp; Coffee</b>	
11.00am 5 min	<ul style="list-style-type: none"> <li>Welcome &amp; workshop outline</li> </ul>	<b>Dr Steve Lambert</b> Iris Education
11.05am 55 min	<ul style="list-style-type: none"> <li>PLHIV quality of life LPQ study</li> </ul>	<b>Mr Bernard Gardiner</b> School of Public Health University of Queensland
12.00am 45 min	<ul style="list-style-type: none"> <li>HIV stigma and mental health</li> </ul>	<b>Mr Chris Howard</b> Queensland Positive People
<b>12.45pm 45min</b>	<b>Lunch &amp; Networking</b>	
1.30pm 30 min	<ul style="list-style-type: none"> <li>Tobacco harm reduction &amp; HIV</li> </ul>	<b>Associate Professor Coral Gartner</b> School of Public Health University of Queensland
2.00pm 45 min	PrEP: We know it works; where to from here <ul style="list-style-type: none"> <li>PrEP for the non-white MSM communities</li> <li>PrEP on the PBS</li> </ul>	<b>Mr David Youds</b> Gladstone Road Medical Centre
2.45pm 45 min	Contemporary ARV treatment <ul style="list-style-type: none"> <li>What's new and what's in the pipeline</li> <li>Dual combination therapy</li> <li>Party drugs &amp; ARV treatment</li> </ul>	<b>Dr Andrew Redmond,</b> Royal Brisbane Women's Hospital
3.30pm 15 min	<b>Afternoon Tea</b>	
3.45pm 30 min	<ul style="list-style-type: none"> <li>Transgender people - HIV prevention treatment and care</li> </ul>	<b>Mr Dylan Barrett</b> Queensland Aids Council
4.15pm 5 min	<ul style="list-style-type: none"> <li>Evaluation</li> </ul>	<b>Dr Steve Lambert</b> Iris Education
<b>4.20pm</b>	<b>Close</b>	

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### PLHIV quality of life LPQ study

4.27

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
0	1	1	11	21	2

#### Nurses Comments:

- The speaker did not engage very well
- Good informative
- To long
- Not very good public speaker
- Really informative, I got a lot out of it
- Thank you
- I did wonder how spirituality is engaged with (in the lives of) people living with the effects of ageing
- Would have liked to know about the HIV & the Law as it currently stands. Better if the videos could have been played

#### Other Comments:

- Nil

### HIV stigma and mental health

4.75

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
0	0	2	15	21	0

#### Nurses Comments:

- Good speakers lived experience was interesting
- Very informative
- Well-spoken interesting and easy to follow and understand
- Good speaker
- One of the best mental health presentations I have seen
- Covered a lot of topics in one talk

#### Other Comments:

- Nil

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### Tobacco harm reduction & HIV

4.61

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
0	0	3	18	17	1

#### Nurses Comments:

- Good information but not relevant to our practice
- Very informative
- Great presentation, thank you
- Concise and to the point
- Was good
- Thank you

#### Other Comments:

- Nil

### PrEP: We know it works; where to from here

4.66

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
0	0	4	14	20	1

#### Nurses Comments:

- David a great presenter
- This is excellent to have PrEP
- Interesting
- I was a bit puzzled by some of the language used but a decent presentation for those who don't know about prep
- Would have liked to hear about the drugs would have kept us awake
- Would have liked to know about the drugs used for prep

#### Other Comments:

- Nil

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### Contemporary ARV treatment

5.00

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>24</b>	<b>1</b>

#### Nurses Comments:

- Not relevant to nursing staff
- More Doctor related not relevant to nurses too scientific, was board
- Difficult to comprehend
- Informative as always and in a langue that was easy to understand
- 

#### Other Comments:

- Nil

### Transgender people - HIV prevention treatment and care

4.68

Rating

Poor	Below Average	Average	Above Average	Excellent	No Answer
1	2	3	4	5	0
<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>23</b>	<b>1</b>

#### Nurses Comments:

- Taught me to be more mindful of transgender's
- Repatriation of content
- Enlightening
- Looking forward to hearing about the trans HIV study in the future

#### Other Comments:

- Nil

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### SUMMARY QUESTIONS

#### 1. The three best/most important items of the course

All Comments		
The discussion on of chronic illness in the context of HIV	7 x HIV & Mental Health	9 x Contemporary HIV Treatment
That many of the speakers have a lived experience with HIV	6 x Transgender people - HIV prevention treatment and care	2 x Tobacco harm reduction
The information about party drugs and HIV medications	4 x PrEP: We know it works	5 x HIV & Mental Health
3 x Tobacco harm reduction & HIV	The divers speakers	2 x Networking
Verity of subjects		

#### 2. What was carried out well during the course?

##### Comments:

- Very well ran
- the whole day
- Time management
- Everything on time
- Excellent workshop
- Everything
- The flow of the day
- Mostly ran to time which is always good
- Well organised
- Well feed
- Well organised
- All speakers were very articulate and informative
- Well catered for
- Room was spacious, but speakers Easley heard
- Lived experience presentations on current topics

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### 3. Anything else you would like us to know?

#### Comments:

- Food was lovely
- Great range of topics
- Thanks, the brad
- Just excellent thanks you Brad & Steve
- Really enjoyed the whole program
- The venue was easy to get to, enough free parking, the venue was great. Overall a very informative day
- Thank you to the sponsors & Iris Education
- Thank you
- Explores how to promote wellbeing
- Thanks to all the sponsors for your continued support